

Dear parent or legal guardian,

Elevation Outdoors is running a program called 'Live to Ride' over the summer for disadvantaged youth in the local area. Your child has expressed interest in the program and has been considered by their youth worker or teacher to be a good candidate for participation.

The program involves teaching young people to mountain bike starting from the elementary level. It will be using various terrain within the Okanagan valley, including cross country and downhill mountain biking. The program also involves reflecting upon these experiences and using it as a metaphor for life experiences and learning. It will run for 8 weeks during summer, starting the week of **July 4th** and ending by **August 20th** . The program is going to run on **Monday afternoons and Friday mornings**. The participants will go to Silverstar and or Big White for downhill riding twice during the program, dates are to be determined.

This letter is to inform you of the program and the expressed interest, and also of the inherent risks in the activity of mountain biking. On my behalf, and on the behalf of any minor children participating in these activities, for whom I am legally responsible, I agree to the following: ASSUMPTION OF RISKS: I am aware and understand that MOUNTAIN BIKING activities involve many risks, dangers and hazards, including but not limited to the following: I acknowledge and accept that mountain biking involves risks, dangers and hazards in addition to those normally associated with bicycle riding and that injuries are a common and expected part of mountain biking. The Live to Ride program may take place on steep and rugged terrain and will expose the rider to many risks, dangers and hazards. The terrain may be un-inspected, uncontrolled and unsafe do to constantly changing conditions. The inherent risks, hazards and dangers include but are not limited to the following: collision with other riders, vehicles, bicycles, trees, tree stumps, tree wells or other objects; fences and other man made structures; mechanical failure of equipment; rapid an uncontrolled acceleration on hills and inclines; changing weather conditions; unsafe terrain including steep or slippery sections, cliffs, rocks, holes, or crevices; extreme variation in cycling terrain; encounters with domestic and non domestic animals; falling or being thrown off the mountain bike; negligence on the part of the releases – including the failure to protect the participant from the risk, dangers and hazards of mountain biking or to predict the whether the terrain is safe for mountain biking; negligence of other riders. I understand and acknowledge that no amount of caution, experience and instruction can eliminate all of the risks involved and I freely assume all such risks, dangers and hazards and the possibility of personal injury, death, property damage and damages or loss resulting therefrom.

I understand and acknowledge that no amount of caution, experience and instruction can eliminate all of the risks involved and I freely assume all such risks, dangers and hazards and the possibility of personal injury, death, property damage and damages or loss resulting therefrom.

Elevation is requesting that you fill out the form below stating that you have read and are

aware of the inherent risks of this activity, before your child is permitted to participate in the program. We are also requesting that you fill out the attached medical form with all relevant details and BC medical numbers.

Please be assured that all appropriate safety measures and risk management practices will be exercised while the program is being delivered. Helmets are mandatory. Body armour will also be worn on the downhill days. Participants will be supervised during all bike trips, and 'black' or most difficult runs will not be utilized unless appropriate skill has been demonstrated beforehand. It is our intention to create a lasting, learning experience for the young people involved and we will be taking their safety very seriously.

Please return all signed forms by scanned email to [info@elevationoutdoors.ca](mailto:info@elevationoutdoors.ca) or mail to **P.O. Box 20071 Towne Centre, Kelowna BC, V1Y 9H2** by **June 21th 2017**.

Sincerely,  
Mike Greer  
Facilitator

I have read the attached letter and understand the inherent risks in the activity of mountain biking, as well as the risks of participating in the 'Live to Ride' program. I give my child permission to participate in this program with this in mind.

#### **Video and Photographs**

Elevation Outdoors has permission to use my or my child's photograph/video/audio recordings to promote the organization. I understand that the images may be used in various formats not limited to print publications, online publications, presentations, websites, and social media.

**Yes No Initial** \_\_\_\_\_

Name of Participant: \_\_\_\_\_

Signature of Participant: \_\_\_\_\_

Name of Parent/Guardian: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

Parents email address : \_\_\_\_\_

Initial \_\_\_\_\_ I give permission to Elevation Outdoors to contact me about future programs and opportunities that come available.